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For various Diseases?

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

The Prophet Muhammad (Peace be upon him) said:

{Translation} "There is no Disease Allaah has sent down except that He has also sent down a cure for it"

[Narrated in Saheeh al-Bukharee / H5678]

1. Did you know The Indian Qust (Oud) Is a Cure for Seven Different kinds of Diseases?

Imaam al-Bukharee brings a chapter in his Saheeh {Translation} "**To Sniff the Indian Qust**" In it he mentions the Hadeeth narrated by Umm Qais bint Mihsan that she heard the Prophet Muhammad (Peace be upon him) saying:

{Translation} "Use the Indian Oud (Qust, kust), for it has a cure for seven different kinds of Diseases. It should be sniffed by one having throat troubles and to be put into one side of the mouth of the one suffering from pleurisy."

[Narrated in Saheeh al-Bukharee / H5692]

Ibn Qayyim mentions in at-Tib an-Nabawi (Medicine of the Prophet):

{Translation} "There are two type of The Indian Oud. One type is used for medical purposes, which is called al-Kust and some called it al-Qust. The second type of Oud is called Aluwwah (Aloe wood), which is used in perfume

[Narrated in Medicine of the Prophet / p322 – Printed by Dar al Manar in English]

2. Did you know that The Indian Qust (Oud) is a Cure for Tonsillitis?

The Prophet Muhammad (Peace be upon him) said:

{Translation} *"Indeed the Best Medicines you may treat yourselves with are Hijamah (cupping) and the sea Qust. And he added, 'You should not torture your children by treating tonsillitis by pressing the tonsils, but use Qust'"*

[Narrated in Saheeh al-Bukharee / H5696]

3. Did you know that The Indian Oud (Qust) is a Cure for Pleurisy?

In another Hadeeth narrated by Umm Qais, that she took one of her son's to the Prophet Muhammad (Peace be upon him) because he had palate and tonsils that she had pressed because he had throat trouble. The Prophet (Peace be upon him) said:

{Translation} *"Why do you pain your children by getting the tonsils and palate pressed like that? Use Oud al-Hindi (Indian Qust) for it cures seven diseases one of which is Pleurisy."*

[Narrated in Saheeh al-Bukharee / H5715]

4. Did you know that the Indian Qust (Oud) is one the Best Remedies?

It is narrated by Anas that the Prophet (Peace be upon Him) said:

{Translation} *"Cupping and marine Qust are best of your Remedies"*

[Narrated Saheeh al-Bukharee / H5696]

It is also narrated in Saheeh al-Bukharee, that the Prophet (Peace be upon Him) said:

{Translation} *"Treat yourself with Oud al-Hindi (Indian Oud/Qust), for indeed it has seven cures; it is to be sniffed by one having throat problems (tonsils) and to be put into one side of the mouth of one suffering from Pleurisy."*

[Narrate in Saheeh al-Bukharee / H5692]

5. Did you know that there are two types of Indian Qust, both has many Benefits?

Ibn Qayyim states in at-Tib an-Nabawi that:

{Translation} *"There are two kinds of Qust, the white kind that is called sea-Qust and the Indian Qust, which is the hottest among them while the white type is the mildest. Both kinds have many benefits."*

[Narrated In Medicine of the Prophet / p331]

6. Did know that some of the Benefits of Indian Qust (Oud) are?

Ibn Qayyim mentions in at-Tib an-Nabawi that:

{Translation} *Both kinds of Qust are hot and dry in the third degree, and they dry out the phlegm and colds. When they are taken as a drink, they help weak liver and stomach and colds that may accompany such types of illness. In addition Qust also helps against quartan fever, the pain on the side of the body and poisons. When face is anointed with Qust that is rubbed with water and honey, they heal the spots that appear on the face."*

[Narrated in Medicine of the Prophet / p332]

7. Do you know What Galinus (a famous Physician) said about Indian Qust?

Galinus said:

{Translation} *"That the Qust Heals tetanus, the pain in the sides and removes spots, which he called the seeds of the pumpkin."*

Some unskilled doctors are unaware of or deny the Qust has such an effective remedy against the pain in the sides of the body. If these inexperienced doctors became aware of what Galinus has stated about the Qust, they will quickly embrace it as if it was Divine text. Moreover, many doctors have also stated that Qust helps against the pain in the flank that is accompanied by phlegm, the matter as Al-Khattabi related from Muhammad bin Al-Jahm.

[Narrated in Medicine of the Prophet / p332 – Printed by Dar al Manar in English / By the Noble the Ocean of Knowledge, the Imaam, shaykh Shams-uddin Ibn Qayyim al-Jouziyah]